



# How to make your own AT-HOME FIRST AID KIT

**Tuck this mini first-aid kit in your backpack!**

Fill your mini-first aid kit with the following:

- ☐ Sanitizer Wipes
- ☐ Adhesive Bandages
- ☐ Alcohol Wipe
- ☐ Cold pack
- ☐ List of emergency phone numbers
- ☐ Pre-paid phone card



**White  
Sticky-Back Felt**

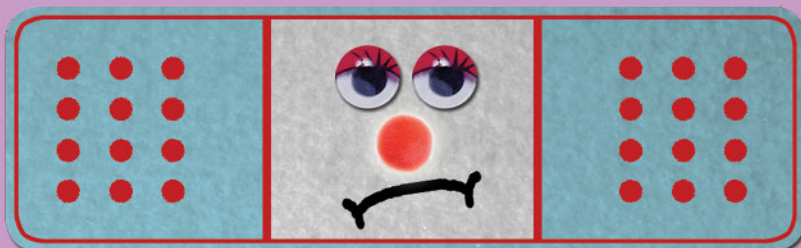
**Light Blue Felt**

## You will need:

1. Plastic Travel Soapdish
2. Felt (Light Blue and White sticky-back)
3. Googly Eyes with eyelids and lashes
4. Mini Pom
5. Permanent marker
6. Tube of Fabric Paint (red)
7. Craft Glue
8. Paper

## Directions: Have an adult to help you with this activity

1. Have an adult help you cut out the templates above, then draw an outline on your felt.
2. Cut out the white sticky-back felt and stick it to the un-cut blue felt.
3. Using the tube of fabric paint, draw a decorative bandage on the felt. Glue on the googly eyes and pom-pom nose and draw a mouth with your black marker.
4. When the paint and glue have dried, cut out the blue felt bandage and attach it to the soap dish cover with glue.
5. Print your child's contact numbers on a piece of paper cut to fit inside the cover and glue it in place.
6. Finally, fill the box with items your child may need, such as the items listed above. If you need a larger container, try using a food storage container!



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